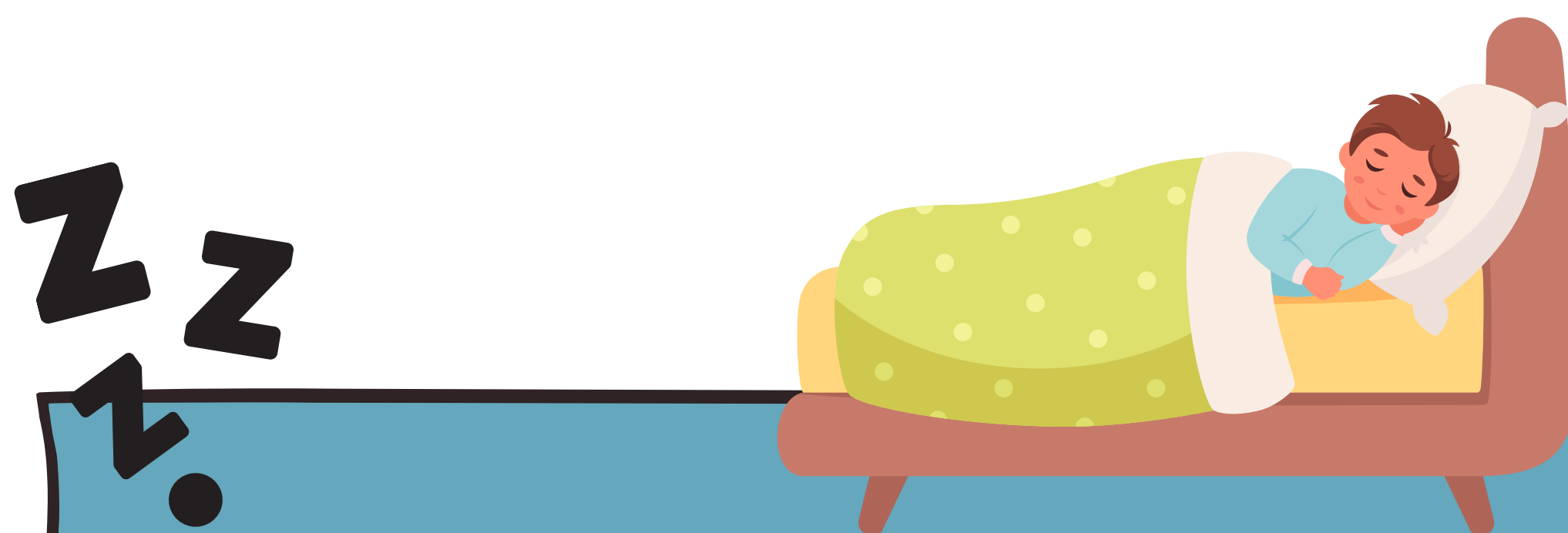


OCCUPATIONAL THERAPY NEURODEVELOPMENTAL SERVICE



SLEEP WORKSHOP

THIS PARENT WORKSHOP WILL DISCUSS COMMON CHALLENGES SURROUNDING SLEEP AND OFFER PRACTICAL STRATEGIES FOR FAMILIES.



DATE & TIME: THURSDAY 8TH FEBRUARY 2024,
10.00AM-12.00PM



LOCATION: BLANTYRE LIFE, 90 PARK LANE,
BLANTYRE, G72 9AS

PLEASE CONTACT US TO REQUEST A SPACE ON:



WORKSHOPS.NDS@LANARKSHIRE.SCOT.NHS.UK

PROVIDING THE FOLLOWING DETAILS:

CHILD'S NAME & DOB

CONTACT NUMBER FOR ADULT/S ATTENDING